

**BLOCK I: HOUSEHOLD/MOTHER'S ACTIVITIES**

11 Do you have household help?  
 0 - No GO TO 13   
 1 - Yes CONTINUE

12 How many? CODE NUMBER    
 -9 - NA

13 Who performs these various household tasks?

MARK ALL HOUSEHOLD MEMBERS DOING THESE CHORES WITH X.  
 THE INDICATED HOUSEHOLD-MEMBER CODES IN THE TABLE MEAN:

- |                                |                            |
|--------------------------------|----------------------------|
| 0 - Task not done in household | 6 - Other male relatives   |
| 1 - Respondent herself         | 7 - Son or daughter        |
| 2 - Spouse                     | 8 - Hired household helper |
| 3 - Mother or mother-in-law    | 9 - Others, specify _____  |
| 4 - Father or father-in-law    | -8 - NR/DK                 |
| 5 - Other female relatives     |                            |

HOUSEHOLD MEMBER CODES	0	1	2	3	4	5	6	7	8	9
Goes to market to buy food										
Prepares food										
Cleans up after meals										
Cleans the house										
Buys clothes										
Washes clothes										
Takes care of young children (including grandchildren, great/great grandchildren)										
Fetches water										
Gathers firewood										
Tends the animals (refers to livestock)										
Takes care of pet dogs, cats, fish, birds										
Tends the plants										
Does repairs at home										
Takes care of the elderly members of the household										

FOR TASKS DONE BY MORE THAN ONE HOUSEHOLD MEMBER, ASK:

14 Who is mainly responsible for this task? FOR EACH TASK, ENCIRCLE X OF PERSON IN ABOVE TABLE

Now I would like to ask about your usual activities in a day (excluding Saturday and Sunday!). Let's please break down a day from the time you wake up to the time you sleep.

ENTER ANSWERS TO THE FOLLOWING 10 QUESTIONS IN TABLE I-1 ON THE OPPOSITE PAGE

- 15 What time do you usually wake up?  
 16 What time do you usually eat breakfast/1<sup>st</sup> eating time?  
 17 What time do you usually eat lunch/2<sup>nd</sup> eating time?  
 18 What time do you usually eat supper/3<sup>rd</sup> eating time?  
 19 What time do you usually go to sleep?

- I10 From the time you wake up until your breakfast/1<sup>st</sup> eating time, what are your usual activities (such as washing clothes, going to market)?
- I11 From breakfast/1<sup>st</sup> eating time to lunchtime/2<sup>nd</sup> eating time, what are your usual activities?
- I12 From lunchtime/2<sup>nd</sup> eating time to suppertime/3<sup>rd</sup> eating time, what are your usual activities (such as ironing, cooking)?
- I13 From suppertime/3<sup>rd</sup> eating time until the time you sleep, what are your usual activities (such as sewing, dishwashing)?
- I14 Please tell me how long (in minutes) each activity you've mentioned would take?

**INTERVIEWER:** BE SURE TO HAVE THE RESPONDENT INCLUDE RESTING, TALKING WITH FRIENDS OR NEIGHBORS, TRAVEL TIME TO MARKETS AS WELL AS USUAL HOUSEHOLD TASKS AND USUAL WORK OUTSIDE OF THE HOME. NOTE ACTIVITIES THAT ARE DONE SIMULTANEOUSLY, SUCH AS IRONING AND WATCHING THE CHILDREN. AFTER THE ACTIVITY ITSELF, ASK ABOUT THE APPROXIMATE TIME (TO BE RECORDED IN MINUTES) THAT RESPONDENT SPENDS ON A GIVEN TASK. IF THIS IS MORE THAN THE MORNING OR AFTERNOON OR EVENING, PROBE. THE REPORTING OF RESTING AND SLEEPING AS ACTIVITIES IS O.K.! WE DO NOT WANT WOMEN TO REPORT LOTS OF ACTIVITIES IN ORDER NOT TO APPEAR LAZY. WHENEVER YOU FEEL THAT A WOMAN HAS REPORTED TOO MANY ACTIVITIES BUT NO PERIODS OF REST, PROBE.

Table I-1. DAILY ACTIVITIES

PART OF DAY	ACTIVITY	TIME SPENT
I5 Waking-up Time: -----	1	
	2	
	3	
	4	
	5	
	6	
	7	
	8	
	9	
	10	
I6 Breakfast Time: (1 <sup>st</sup> eating time) -----	1	
	2	
	3	
	4	
	5	
	6	
	7	
	8	
	9	
	10	
	11	
	12	
	13	
	14	
	15	
	16	

Table I-1. Daily Activities (continued)

PART OF DAY	ACTIVITY	TIME SPENT	
17	1		
	2		
	3		
	Lunch Time: (2 <sup>nd</sup> eating time)	4	
		5	
	-----	6	
		7	
		8	
		9	
		10	
		11	
		12	
		13	
		14	
		15	
		16	
		17	
		18	
		19	
18	1		
	2		
	Supper Time: (3 <sup>rd</sup> eating time)	3	
		4	
	-----	5	
		6	
		7	
		8	
		9	
		10	
		11	
		12	
		13	
		14	
		15	
		16	
		17	
		18	
19 Bed Time: -----			

## List of Daily Activities

- 1 Urinating
- 2 Preparing food ingredients / Cooking
- 5 Resting / Sitting down
- 6 Watering the plants
- 7 Eating meals/snacks
- 8 Folding washed clothes / Keeping soiled clothes
- 9 Walk to place of work (back and forth)
- 11 Moving bowel
- 12 Sleeping
- 13 Walking/going to the market/corner/jeepney stop
- 14 Chatting with family members/neighbors
- 15 Taking a bath
- 16 Dressing up
- 17 Brushing teeth
- 19 Watching TV
- 22 Taking a ride to work place (back and forth)
- 23 Food marketing / Buying viand/snacks at the neighborhood
- 24 Keeping and washing dishes
- 25 Washing clothes
- 26 Ride to market
- 27 Work related activities (e.g. writing lesson plan, charting, checking receipts)
- 28 Selling goods (fruit /meat/fish/flower vendor with stall)
- 29 Sweeping the street (street cleaner/janitor)
- 30 Teaching (teacher)
- 31 Cleaning the work place/store
- 33 Preparing packed foods / Setting the table
- 34 Watching and taking care of child / Carrying and putting child to sleep / Watching and carrying baby
- 35 Selling goods at sari-sari store
- 37 Praying
- 41 Feeding the pig/chicken/animals
- 42 Gathering firewood
- 45 Bringing and fetching the child to and from school (riding)
- 46 Handicrafts (making boxes, necklace, bracelet, rugs)
- 47 Pounding bottle cover
- 48 Fetching water
- 49 Taking a walk outside (back & forth) / Walk to recreational/leisure areas (church, malls, etc. excluding school, work and market)
- 50 Preparing/waking up the children and keeping the bed
- 51 Fruit/fish/snack vendor (ambulant)
- 53 Lying down while putting the child to sleep
- 54 Watching the child go around
- 55 Machine operator
- 56 Supervising (supervisor)
- 57 Collecting left-over food for livestock
- 58 Ironing clothes
- 60 Polishing rattan (furniture assembly, sander of rattan/wood etc.)
- 61 Parking aide
- 62 Playing with the child
- 63 Factory worker/ repacking (packer)
- 65 Standing, waiting for a jeepney ride/waiting for the children to get a ride
- 66 Counter clerk, cashier, sales girl, promo girl
- 67 Dressmaker (sews rug/net brush)
- 68 Playing mahjong/card games (sitting most of the time)

69 Making follow-up of job out (shellcraft) - walking (sales consultant, sales agent, sales supervisor)  
70 Household helper or kitchenette helper or helper not specified  
71 Work out, exercise / Play basketball, etc.  
72 Making ice candy  
73 Cleaning jewelries  
75 Sewing / Mending  
76 Helping/teaching children with their homework  
77 Masseur (home service/spa)  
78 Medical practitioner (nurse, nursing aide, midwife)  
83 Preparing things needed for work/preparing goods to be sold  
87 Hanging laundry clothes to dry  
90 Accompanying husband driving a passenger jeepney  
92 Cooking snack foods/viand  
94 Receiving sales from vending water  
95 Doing clerical work/managerial/consultant/call center agent (property/accounting clerk, secretary)  
97 Driving own vehicle  
98 Preparing things needed for the mass  
101 Wood laminating  
103 Doing laundry and cleaning job (with pay)  
105 Walk the child to and from school  
106 Cleaning feeding bottles and preparing milk  
108 Cleaning internal organ/slaughter  
110 Meat inspector  
111 Grinding rice/cacao seeds as an ingredient for making rice cakes  
112 Breastfeeding  
113 Chopping firewood  
114 Carrying and taking the child for a walk  
118 Painting the building  
119 Cleaning the car  
123 Doing internet / Chatting in the internet / Computer encoding  
125 Beautician working in beauty parlor or in workplace not specified  
127 Cleaning pig pen/chicken house  
128 Xerox machine operator  
132 Farming  
133 Gathering sea shells  
135 Attending a procession  
136 Getting materials for job out (e.g. rattan)  
138 Shredding coconut meat  
142 Tending animals  
148 Researcher  
149 Doing messengerial work  
150 Caring and attending to animals  
151 Deep sea fishing  
154 Food server/ Food attendant/crew/waiter  
156 Singing/caroling  
157 Preacher  
159 Barangay nutrition scholar, barangay health worker, CNS-DSWD  
160 Quality controller / Product inspector (factory)  
165 Librarian  
166 Stuffed toy maker  
167 Rope weaving  
168 Drying firewood  
170 Landscaper  
172 Corn picker/harvester  
173 Dissecting squid  
174 Sausage maker

175 Manager/ owner of business  
176 Talent coordinator  
179 Grinding corn using manual stone grinder  
180 Winnowing  
182 Caregiver (yaya)  
183 Fish/squid cleaner  
184 Dyeing fashion accessories  
185 Photographer  
186 Weighing scrap  
188 Candle maker  
189 Arranging bottles  
190 House caretaker  
192 Bamboo weaver / Barbecue stick maker  
195 Cleaning dressed chicken  
198 Collecting garbage  
199 Dishwasher  
200 Quarrying deorite ores  
202 Market supervisor  
204 Grating coconut (manual)  
206 Tuba gatherer  
208 Trisikad driver  
209 Security guard  
210 Gathering coconut midribs  
211 Making rugs (weaving)  
212 Processing seaweeds (factory worker)  
213 Cake decorator  
214 Sewer/repairer of bag and shoes  
217 Home décor painter  
219 Lumpia maker  
220 Cleaning and preparing pandan/romblom leaves for weaving  
221 Listening to the radio  
222 Walk to the artesian well (back & forth)  
223 Pumping water at artesian well / Fetching water  
226 Do cross stitch/embroidery  
234 Attend flag ceremony/retreat  
235 Texting/loading  
236 Stretching/exercise  
237 Drawing water from well to pail  
238 Watch cockfighting  
242 Make necklace/fashion accessories  
243 Sample-maker (boat sails)  
245 Arrange dried fish  
246 Assist child to defecate  
247 Wash / wipe child  
248 Washing face  
249 Combing/grooming  
250 Applying make-up  
251 Gurgle  
252 Preparing/keeping the bed  
253 Rousing child from sleep  
254 Feed (for older children, parent, grandparent)  
255 Sweeping garage, sidewalk or outside of house (including canals, etc.)  
257 Taking a shower / Washing body  
258 Sweeping the floor  
259 Mopping floor  
260 Scrubbing the floor

261 Keeping the house in order / Cleaning the house  
262 Smoking  
263 Apply ointment/efficacent oil  
264 Taking medications  
265 Bathing/cleaning  
266 Dressing up  
267 Putting to sleep/waking  
268 Taking for a walk  
269 Combing/grooming  
270 Administering medicine/ Applying ointment/efficacent oil  
271 Putting child to sleep (without lying down with child or carrying child)  
272 Open/close store  
273 Wait for husband  
274 Picking head lice  
275 Care for husband (prepare needs, bath, dress, etc)  
276 Prepare needs (clothes, school needs, etc.)  
277 Bath child  
278 Dress child  
279 Wait for child (student)  
280 Ride to recreational/leisure areas (church, malls, etc. excluding school, work and market)  
281 Reading newspaper, etc  
282 Watching stationery games like mahjong, card game, etc.  
283 Picking flowers/vegetables  
284 Non-food shopping  
285 Make charcoal  
286 Going up the stairway  
287 Going down the stairway  
288 Feeding (older children, parent, grandparent, other old household members)  
289 Washing clothes using washing machine  
290 Administering medicine/vitamins to younger children  
291 Attending meeting/conference  
292 Doing dental work inside clinic  
293 Dance sport instructor  
294 Jogging/Running  
295 Taking care of older household members, not specified